



11. – 12. March 2026

2nd Lucerne Shoulder Course

Instructional Course

Hands-On Cadaver Workshop

Dear Colleagues & Shoulder Specialists

After the success of our 1st Lucerne Shoulder Course in November 2024, we're delighted to announce the 2nd edition of our hands-on course with some exciting new innovations!

This year, we continue to focus on the broad field of orthopedic and trauma surgery for the shoulder joint, but with a fresh perspective. We're pushing the boundaries with cutting-edge techniques and technologies that will elevate your surgical skills.

Day 1 will cover advanced arthroscopic procedures, including the treatment of instabilities, rotator cuff repairs, and brachial plexus preparations. You'll gain invaluable insights into the latest arthroscopic techniques and their real-world applications.

Day 2 shifts focus to the management of proximal humerus fractures, offering a deep dive into both osteosynthesis and arthroplasty. We will present state-of-the-art surgical approaches and techniques using fresh-frozen cadavers in our modern Skills Lab.

This course has a clear hands-on focus and will be complemented by small group discussions, allowing you to engage directly with our international faculty. The maximum number of participants is limited to ensure an interactive and personalized learning experience.

We look forward to welcoming you to Lucerne for a unique, practice-oriented educational event!

Roland Camenzind



Frank Beeres



Agenda

Wednesday, 11. März 2026

Arthroscopy

08.00 – 08.30 Welcome & Registration

08.30 – 09.30 Introduction
Indications and technical pearls
10' Rotator cuff repair and biceps tenodesis
10' Bankart repair
10' Latarjet
10' AC-joint stabilization
10' Arthroscopic plexus release

09.30 – 09.45 Coffee Break

09.45 – 13.00 Lab Session 1

- Rotator cuff repair and biceps tenodesis
 - AC-joint stabilization
 - Bankart repair
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13.00 – 14.00 Lunch Break

14.00 – 17.00 Lab Session 2 & Break Out Session

Participants are divided into 2 groups

14.00 – 15.20 Group 1 → Wetlab

- Preparation N. suprascapularis
- Arthroscopic and open Latarjet

Group 2 → Auditorium

- Break Out Session & Case Discussion

15.20 – 15.40 Coffee Break & Change Rooms Wetlab/Auditorium

15.40 – 17.00 Group 2 → Wetlab

- Preparation N. suprascapularis
- Arthroscopic and open Latarjet

Group 1 → Auditorium

- Break Out Session & Case Discussion

18.30 Course Dinner

Agenda

Thursday, 12. März 2026

Arthroplasty & Trauma

08.00 – 09.00 Indications and technical pearls
10' Anatomic total shoulder arthroplasty
10' Reverse total shoulder arthroplasty
10' Nail & Plate
10' MIPO
10' Fracture reverse total shoulder

09.00 – 09.15 Coffee Break & Change Rooms Wetlab/Auditorium

09.15 – 12.30 **Lab Session 3 & Break Out Session**
Participants are divided into 2 groups

09.15 – 10.45 Group 1 → Wetlab
• TSA/RTSA

Group 2 → Auditorium
• Break Out Session & Case Discussion

10.45 – 11.00 Coffee Break & Change Rooms Wetlab/Auditorium

11.00 – 12.30 Group 2 → Wetlab
• TSA/RTSA

Group 1 → Auditorium
• Break Out Session & Case Discussion

12.30 – 13.30 Lunch Break

13.30 – 17.00 **Lab Session 4**

- Proximal humerus fracture (ORIF, Plate, Nail)
 - *Fracture Challenge*
 - RTSA fracture
 - *RTSA Challenge*
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Terms & Conditions

Course Language

English

Registration

www.luks.ch/LSC/Mar26

Information

Sandra Carulli & Fabienne Schmid

skillslab@luks.ch

+41 41 205 62 40

Accommodation Recommendation

Hotel zum Anker

Hotel Waldstätterhof

Hotel Radisson Blu

Hotel Continental

Credits

Application pending: AGA, DVSE, SECEC,
Swiss Orthopaedics & SGC

Course Fee

CHF 1'800.00 (excl. VAT)

Bank Details

Please wire the course fee to the following bank account:

Bank: Luzerner Kantonalbank AG

In favor of: LUKS Spitalbetriebe AG,

Spitalstrasse, 6000 Luzern 16

IBAN: CH44 0077 8158 8310 1200 8

BIC/Swift: LUKBCH2260A

Additional Info: 259273 → must be included with payment

In order to avoid any subsequent payments, please ensure that the full course fee is transferred, and that any bank charges or currency conversion fees are covered by the participant.

An invoice can be issued upon request.

The course fee includes:

Coffee breaks & lunches for the duration of the course, course dinner & fresh frozen specimens.

The number of participants is limited to a maximum of 16 with an allocation of a first pay, first served basis.

Guaranteed participation will only be confirmed after receipt of course fee.

Venue

Luzerner Kantonsspital
Skills Lab, Haus 10
Spitalstrasse
6000 Luzern 16



Industry Partners

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